

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



CHAMPLAIN VALLEY
SENIOR COMMUNITY
ASSISTED LIVING & MEMORY CARE

January 2025 ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 am Move & Groove 1 11:00am Protestant Service 1:30 pm Book Club 6:00 pm Classic Movie New Year	9:30 am Move & Groove 2 11:00 am Catholic Service 2:30 pm Sing with Doc 6:00 pm Documentary HAIR DAY Kindness Day	9:30 am Move & Groove 3 11:00 am Walking Marathon 1:30 pm Wine Social 3:30 pm Bingo 6:00 pm Romantic Movie	9:30 am Move & Groove 4 10:30 am Shopping Trip 1:30 pm Bocce Ball 3:30 pm Arts & Crafts 6:00 pm Pick the Movie HAPPY BIRTHDAY Mary K.
9:30 am Move & Groove 5 12:00 pm Frank & Piano 1:30 pm Christian Service 2:30 pm Dog Therapy 3:30 pm Bingo 6:00 pm Harry Potter 1	10:00 am Move & Groove 6 1:30 pm Don & George 3:30 pm Jeopardy 6:00 pm Harry Potter 2	9:30 am Move & Groove 7 10:30 am Scenic Drive 3:30 pm Flower Arranging 6:00 pm Harry Potter 3 Orthodox Christians	9:30 am Move & Groove 8 11:00am Sing Along 1:30 pm Book Club 3:30 pm Bingo 6:00 pm Harry Potter 4	9:30 am Move & Groove 9 11:00 am Catholic Mass 1:30 pm Mini Golf 3:30 pm An Hour in Russia 6:00 pm Harry Potter 5	9:30 am Move & Groove 10 11:00 am Walking Marathon 1:30 pm Wine & Trivia 3:30 pm Bingo 6:00 pm Harry Potter 6	9:30 am Move & Groove 11 10:30 am Restaurant 1:30 pm Beer Pong 3:30 pm Arts & Crafts 6:00 pm Harry Potter 7 part 1
9:30 am Move & Groove 12 1:30 pm Sing Along 2:30 pm Dog Therapy 3:30 pm Bingo 6:00 pm Harry Potter 7 part 2	10:00 am Move & Groove 13 1:30 pm Nail Painting 3:30 pm Bingo 6:00 pm Western Movie	9:30 am Move & Groove 14 1:30 pm "Castaway" 3:30 pm Bingo 6:00 pm Comedy Movie	9:30 am Move & Groove 15 11:00am Protestant Service 1:30 pm Book Club 3:30 pm Bingo 6:00 pm Mystery Movie	9:30 am Move & Groove 16 11:00 am Catholic Service 1:30 pm Sing with Doc 3:30 pm Bingo 6:00 pm Pick the Movie HAIR DAY	9:30 am Move & Groove 17 11:00 am Walking Marathon 2:00 pm Mitch Willette 3:30 pm Bingo 6:00 pm Adventure Movie	9:30 am Move & Groove 18 10:30 am Shopping Trip 1:30 pm Bocce Ball 3:30 pm Bingo 6:00 pm Disney Movie
9:30 am Move & Groove 19 12:00 pm Frank & Piano 1:30 pm Christian Service 2:30 pm Dog Therapy 3:30 pm Bingo 6:00 pm Classic Movie HAPPY BIRTHDAY Joy H.	10:00 am Move & Groove 20 1:30 pm Nail Painting 3:30 pm UNO 6:00 pm Charlie Chaplin Martin Luther King Jr. Day	9:30 am Move & Groove 21 10:00 am Resident Council Meeting 3:30 pm Flower Arranging 6:00 pm Charlie Chaplin MEETING DAY	9:30 am Move & Groove 22 11:00am Sing Along 1:30 pm Book Club 3:30 pm Bowling 6:00 pm Charlie Chaplin	9:30 am Move & Groove 23 11:00 am Catholic Mass 1:30 pm Mini Golf 3:30 pm Director Show & Tell 6:00 pm Charlie Chaplin	9:30 am Move & Groove 24 11:00 am Walking Marathon 1:30 pm Wine Social 3:30 pm Bingo 6:00 pm Charlie Chaplin Compliment Day	9:30 am Move & Groove 25 10:30 am Scenic Drive 1:30 pm Beer Pong 3:30 pm Arts & Crafts 6:00 pm Charlie Chaplin
9:30 am Move & Groove 26 1:30 pm Sing Along 2:30 pm Dog Therapy 3:30 pm Bingo 6:00 pm Ice Age 2002	10:00 am Move & Groove 27 1:30 pm Cookies Making 2:30 pm Nail Painting 3:30 pm Ice Cream Social 6:00 pm Ice Age 2006	9:30 am Move & Groove 28 10:30 am Scenic Drive 3:30 pm Mini Golf 6:00 pm Ice Age 2009	9:30 am Move & Groove 29 11:00am Protestant Service 1:30 pm Book Club 3:30 pm Bowling 6:00 pm Ice Age 2012 VOTING DAY	9:30 am Move & Groove 30 11:00 am Catholic Service 1:30 pm Sing Along 3:30 pm Arts & Crafts 6:00 pm Western Movie HAPPY BIRTHDAY Frank A. HAIR DAY	9:30 am Move & Groove 31 11:00 am Walking Marathon 1:30 pm Wine & Trivia 3:30 pm Bingo 6:00 pm Ice Age 2016	

For activity support & information, contact 518-817-9108 ext. 415 (Activities subject to change)

Breakfast: 8am-9am **Lunch:** 12pm-1pm **Dinner:** 5pm-6pm